

**INTER AMERICAN UNIVERSITY OF PUERTO  
RICO**

**METRO CAMPUS**

**International Relations Office**

**ENGLISH TRIMESTER AND INTERNATIONAL  
STUDENTS SUPPORT SERVICES (ETISSS)**

***STUDENT GUIDE***

Information and Hints

## Contents:

- P-3. Message from the IRO Counselor
- P-4. Temporary Lodging- Casa Carmona
- P-5. Housing Search
- P-6. Puerto Rico Government Agencies
- P-7. Hospitals Drugstores and Hints
- P-8. Insurance Information
- P-9. USA Government Agencies
- P-10-11. Other Important Information

**Information is so important. That's why we are providing you with this comprehensive information guide that will enable you to start answering your basic and maybe your most complicated questions.**

**This guide was created with you in mind. We at International Relations Office and at Inter American University of Puerto Rico, Metro Campus are aware of the difficulties students may confront in their planning and moving to a new experience.**

**This kind of endeavor is not an easy one, on the contrary is quite difficult and challenging but: facing these new goals and learning at the same time is what is intended for you to experiment in your new independent, responsible life ahead.**

**Enjoy this time. It is an opportunity to create a new you, under the new perspective, under a new place and this new chance is giving you the power to re-create and prove yourself into the new situation provided by change.**



Students in one of our welcome activities

# *INTER-METRO*

## *Lodging and Housing*

### *Where to get temporary lodging while looking for your apartment or house.?*

We have a Hostel named Carmona House (in honor of the former family inhabitants) : a temporary lodging for students, faculty, administrative and authorized visitors. It is a restored old structure. It was the a typical family home approximately more than 60 years ago. It has most of the original architecture of a 1950's house. A reservations form request can be obtain contacting: Alice F. Roebuck Martínez [aroebuck@metro.inter.edu](mailto:aroebuck@metro.inter.edu) or tel. 787-758-0837

**Important:** after completing and sending your reservation form, remember you must get the final clearance from the Dean of Students Office. Only then you will be able to reserve your flight ticket if you are coming from the states or other countries.

Cost is \$30.00 per night and there is a minimum amount of days you can stay.

Please: consult availability of rooms before planning your trip.

Thanks!



## Housing Search

Looking for housing close to Inter American  
University of Puerto Rico?

Then search:

[Clasificadosonline.com](http://Clasificadosonline.com)

### HINTS

After you enter the site you will find two browsers:  
one for the city and the second for the area.

The City is: ***San Juan-Rio-Piedras***

and the area is: ***La Cumbre*** –the closest urbanization area with apartments and houses  
rentals.

**Nursing and other students are recommended La Cumbre area because it is walking  
distance.**

**Also try [endi.com](http://endi.com) “clasificados” (classifieds in Spanish)**

Note: use 787 (prefix) for all of these telephone numbers.

•Rehabilitación Vocacional / Vocational Rehabilitation	(787)-782-0011	
▪Autoridad de Energía Eléctrica/ PR Electricity Company- AEE 800-981-2434 (787) 521-3434		1-
•Autoridad de Acueductos y Alcantarillados / PR Water & Sewer Authority	620-2482	
• Departamento Asuntos del Consumidor/ Consumer Affairs Department	722-7555	
•Bomberos(as) de Puerto Rico/ Firehose Team	725-3444	
•Compensaciones por Accidentes de Automóviles / Accident Compensation Administration	759-8989	
• Departamento de Educación / Education Department	759-2000	
•Departamento de Estado/ State Department	722-2121	
•Emergencia 9-1-1 / Emergency 9-1-1	521-3434	
•Departamento de Hacienda/ Treasury Department of Puerto Rico	721-2020	
•Autoridad Metropolitana de Autobuses / Metropolitan Bus Authority	294-0500	
• Departamento de Policía de Puerto Rico/ Puerto Rico Police Department	343-2020	
•Procurador del Veterano / Veterans Ombudsman	758-5760	
•Procurador Personas con Impedimento /Handicapped Persons Ombudsman	725-2333	
•Procuradora de la Mujeres / Women's Advocate	721-7676	
•Departamento de Salud / Health Department	274-7676	
•Departamento de Recursos Humanos/ Human Resources	754-5353	
•Departamento de la Vivienda / Housing Department	274-2527	
•Departamento de Estado de Puerto Rico / State Department of Puerto Rico	722-2121	
•Departamento de la Familia/Cupones de Alimento/Family Dept., Food Coupons Line	1-877-991-0101	
•Departamento de Transportación Y Obras Públicas/Motor Vehicle Department	787-701-3343	

## Hospitals and Drugstores

- Remember 911 is the emergency number to any critical emergency. They can also give you advise while they come to help.
- Always have an “ICE” # (In Case of Emergency number) saved in your cell phone list. Just spell “ICE” in your contacts list and include that important phone number of a person to be notified in any emergency or illness.
- Here we only provide a selection of some of the closest hospitals and drugstores. We recommend you check this places to have a criteria for selection in case of emergency , prescriptions or casual everyday needs.

### Hospitals:

Medical Center Hospital- Rio Piedras, Puerto Rico 787-777-3535

Hospital del Maestro- Domenech Ave. Hato Rey-S.J.

787-758-8383

Metropolitan Hospital-**RIO PIEDRAS** Carr. (Road) 21 Las Lomas 1785 RIO PIEDRAS, PR 00928 787-782-9999

Auxilio Mutuo Hospital- Ponce de León Ave. Hato Rey 787-758-2000

### Drugstores:

- *Call first to ask about faxing service. Some drugstores have a service you can fax the prescription sheet ahead and then you bring the original at pick up. Call for availability.*

*Farmacia Caridad - carr. 177 Guaynabo, P.R. Tels.: 787-787-7733 / 787-778-3399*

Altimar Drugstore - 47 Esmeralda Ave. Guaynabo Tels.:787-789-2683 and 787-720-7439

Walgreens –Santa María- 2505 Road 841 tel. 787-287-0528 **Open 24 Hours**

Walgreens –San Patricio- San Patricio and Roosevelt Ave. 787-792-3795 **Open 24 Hous**

Walgreens—Condado 1130 Ashford Ave. Condado TelZ.: 787-721-7895 **Open 24 Hours**

Kmart Pharmacy- Plaza las Américas, Hato Rey 787-282-2292 open till 8:30pm

## INSURANCE INFORMATION

Students coming from abroad to study at Inter American University must have local health insurance.

There are two options recommended by the \*Presidency.

You must select one:

Triple S Direct Tel 787-792-2226

<http://www.ssspr.com/SSSPortal/HealthPlans/>

or

MCS Personal Tel. 1-877-760-8777 787-200-1231

<https://www.medicalcardsystem.com/MCMSMCSEn08/Home.aspx>

\*as per the IAUPR President circular letter -April 15, 2011.

A copy of this letter is available at the International Relations Office.

-----

For Internship or exchange student, planning to travel abroad, to the Caribbean or the United States note the following information:

Because you \*must be insured for such trip and stay, we recommend you acquire insurance with CHARTIS insurance provider.

Call: 787-767-6400

\*as per President circular letter May 11, 2011.

A copy of this letter is available at the International Relations Office.

-----



USA GOVERNMENT Agencies /Agencias GOBIERNO de EUA

We include a list of the most important agencies

- Health and Human Services-----787-768-5196
- Customs and Border Protection*-----787-729-6977
- Labor Department-----787-754-5391
- State Department-----1-305-442-4943
- U.S. Postal Service-----787-622-1756
  - GPO - **General Post Office** 585 F.D. Roosevelt Ave.STE 202 San Juan, Puerto Rico  
00936-9998 or 1-800-ask-usps (1-800-275-8777)
- Social Security –Toll Free Number 1-800-772-1213

# Other important Information

**<http://www.puertorico.com/>**

Information about sites , hotels, cruises, map events and other interesting information.

**<http://places.eyetour.com/>**

Has a: *choose your destination video information* about places of historical, geographical and cultural interest.

**<http://www.dtop.gov.pr/mapas/index.asp>**

Information about the Urban Train and Metrobus

**<http://en.plazalasamericas.com/>**

Information about the biggest Shopping Mall in the Caribbean

**<http://sites.google.com/site/tchersenespanol/guia-sugeridas-y-politicas-de-agencias>**

Homeschooling

## Shopping Places:

**PLA- Plaza Las Americas** (Biggest Shopping Center in the Caribbean) Roosevelt Ave.

All kinds of stores surround the huge mall, located in front of Hiram Bithorn Park and Roosevelt Ave. in the Hato Rey area. (*car, taxi or public transportation*)

**El Señorial Shopping Center- Close to our campus-** (*to go there you need a car or public transportation*)

**Yellowpagespr.com** Here you can find different professionals and service providers, parts, hotels, schools and other things not available in this guide.

**Rio Piedras- Down Town-** Major Shopping area. (*Take the Inter Trolley to Rio Piedras Station*) – We most stress some security issues: do not flash your jewelry or expensive equipment. Avoid empty streets. Return to the trolley before the last valid hour to return to the Inter American University. Don't be by yourself invite a friend.

-----

## Banks:

A list of major Commercial banks.

Banco Popular de Puerto Rico -Plaza Puerto Rico Branch- Next to Interamericana Campus. (*Walking distance*)

Banco Bilbao Vizcaya BBVA- Alejandrino Plaza Tel.787-782-9191 (*car or public transportation*)

BBVA at Los Paseos Shopping Mall- 787-761-3717 (*car or taxi car*)

Banco Santander- 787-282-3393, 1800-726-8263 Hato Rey and many other branches around the Island. (*car or taxi car*)

Scotiabank- Hato Rey Puerto Rico 787-758-8989 Commercial Bank. (*car or taxi car*)

First Bank- El Señorial Shopping Center- 787-772-1111 (*car or public transportation*)

# The Trolley

- Our trolley free service for students is a commute vehicle ride to the *Tren Urbano* (Urban Train). It will take you to Cupey Station. There you can access the *Tren Urbano* ride to Bayamón or \*Old San Juan-(\*transfer to bus needed).
- Our trolley service hours are: Cupey starting at 7am to 9pm. Metro starting at 7:30 am to 10:00 pm. Mondays to Thursdays. For Fridays and holidays- check the ours.
- The *Tren Urbano (Train)* runs normally from 5:30 am to 11:30 pm from Monday to Sunday. Call 1-866-900-1284 for more information. For a tour