



**INTER-AMERICAN UNIVERSITY OF PUERTO RICO
METROPOLITAN CAMPUS
SCIENCES AND TECHNOLOGY FACULTY
CARMEN TORRES DE TIBURCIO SCHOOL OF NURSING**

SYLLABUS

I. GENERAL INFORMATION

Course Title	:	Practice in nursing care to the family and community	Code and
Number	:	NURS 4914	
Credits	:	Four (4)	
Academic term	:		
Professor	:		
Office Hours	:		
Email	:		

II. DESCRIPTION

Application of the nursing process in the humanist care of family and groups as integrated part of the community as client. Integration of concepts and theories that serve as base of the nursing practice with the family and community. Use of public health concepts, epidemiology, biostatistics, demography and community nursing in the intervention with family and community. Demonstration of planning, coordination, leadership and educational skills in the implementation of intervention strategies.

Application of ethical-legal principles and research findings in undertaking the roles of the nursing profession in promoting health and well-being. Requires 120 hours of clinical practice in diverse scenarios. Prerequisite: NURS 4911. Corequisite: NURS 4180

III. TERMINAL OBJECTIVES

At the end of the course, it is expected, that the student will:

1. Integrate the concepts and theories which provide the foundation for the nursing practice with families, older adult and the community as client.
2. Apply the nursing process to the family, and vulnerable groups in the community while providing humanistic and holistic care for health promotion and disease prevention, integrating critical thinking skills and decision making process.
3. Demonstrate communication, planning, coordination, leadership (Team STEPPS), and group teaching skills in the implementation of safe, effective, and evidence based intervention strategies.
4. Use concepts of public health, epidemiology biostatistics and demography with groups or vulnerable populations in the community health nursing practice.
5. Apply ethical-legal, cultural, spiritual, patient-safety, research concepts and principles while performing the roles of community health nursing.

IV. COURSE CONTENT

Unit I: Application of the nursing process to family, and vulnerable populations/groups of the community.

A. Application of Concepts, and theoretical foundations for family and community as client.

1. Family as client

a. Application of concepts:

1. Family as client
2. Family health
3. Family nursing

b. Application of theoretical bases

1. Home visit process

- a. Phases and activities of home visit
- b. Therapeutic relationship
- c. Personal and safety issues for the nurse
- d. Contracts and consent
- e. Ethic and Confidentiality

2. Safety in the home and community

- a. Patient Safety
- b. Nursing bag technique

3. Community as client: High risk/ vulnerable groups

a. Application of basic concepts:

1. Vulnerable groups
2. Health Promotion/ Risk Factors
3. Illness prevention

b. Application of theoretical bases

1. Leadership in community nursing
2. Group dynamics / Communication
3. Conflict management

B. Application of nursing process in Family and community client

1. Holistic Health assessment for Family: Data and graphics design

- a. 11 Functional Health pattern framework for family
- b. Family interaction map
- c. Family "Apgar Score"
- d. Environmental and safety assessment in home
- e. Family Health history/ Etnopharmacology
- f. Physical examination to family members with an affected organic system

2. Assessment to at risk groups or vulnerable populations in the community

- a. Windshield survey

- b. Assessment of 11 Functional Health Patterns
- c. Client profile: community group or aggregate
 - 1. Variables: Demographics, ethnic's, cultural, values, belief, subsystems, perceptions and others
 - 2. Type of community
 - 3. Functions of community
 - 4. Official and nonofficial leaders
 - 5. Community Safety (social environment, risk to natural disasters, Terrorism, violence, others)
- 3. Data analysis: Critical thinking to make inferences from family and group/populations data:
 - a. Strengths
 - b. Needs, risks factors, and contemporary problems of the public health
 - c. Interpret data and make inferences/check for missing data integrating PH principles, epidemiology and biostatistics
 - d. Characteristics of a healthy family and a healthy community
 - e. Use Evidence-base resources
- 4. Nursing Diagnosis for community families and groups
 - a. Wellness nursing diagnosis, high risk and deficit nursing diagnosis
 - b. Setting priorities based in criteria
- 5. Planning with family and at risk groups or vulnerable populations:
 - a. Family Health education plan: Designs the educational plan (identify educational needs, establish educational goals and objectives, select appropriate educational methods)
 - b. Promotion/Preventive health project for community group/vulnerable population-Health Fair: Designs a multiphasic health fair plan (Program priorities and goals, design screening forms, advertisement, others activities)
- 6. Implementation of Evidence Base Therapeutics Interventions:
 - A. NIC- Essential interventions for family- focused in the health promotion or prevention levels
 - B. Interventions for vulnerable groups/ population- focused in health promotion or prevention levels.
 - C. Roles and responsibilities of CHN: Shows the application of these roles during the community nursing practice
- 7. Evaluation of nursing process with family and community as client: Assumes responsibility in evaluating screening program and present a findings report to community leaders.
- 8. Essential skills for the family and community nursing roles: Demonstrates these essential skills during the community health nursing practice.

V. Teaching/Learning Activities

- A. Home visit process
- B. Use of Videos: The Nursing Bag, Family Assessment, The Home Visit
- C. Collaborative work (group work, group dynamic, decision making, TeamSTEPPS)
- D. Use of tools, formats, tables, templates, guides, protocols

E. Draw Genogram, Ecomap, Culturagram, Family interaction map

F. Skills checklist: Simulations/ demonstrations

VI. EVALUATION

CRITERIA	PUNCTUATIONS	% OF THE FINAL GRADE
Family Intervention (Skills/competences) <i>A. Family Health education Project</i>	100	25
Community Intervention (skills/competences) <i>A. Community project (one of these)</i> 1. Health screening-clinic/health fair 2. Group education 3. Environmental Management	100	25
Clinical Performance 1. Professional behaviors 2. Leadership and team work 3. Community health nurse roles	100	40
Attendance /Punctuality	100	10
TOTAL	400	100

VII. SPECIAL NOTES

A. Supporting Services or Special Needs

All students who require ancillary services or special assistance must request them at the beginning of the course or as soon as they acquire knowledge that they need them, through the corresponding registration in the Office of University Orientation of the Campus. This process must be carried out through the corresponding registration in the office of **Professional Counselor José Rodríguez, Coordinator of Services to Students with Disabilities**. His office is located in the University Orientation Program on the first floor of the Campus. Your email is: **jrodriguez @ metro**.

You can also call: 787-250-1912, EXT. 2306

B. Honesty, Fraud and Plagiarism

The lack of honesty, fraud, plagiarism and any other inadequate behavior in relation to academic work constitute major infractions sanctioned by General Student Regulations. Major infractions, according to General Regulation Students, may result in suspension from the University for a definite period of time greater than one year or the permanent expulsion from the University, among others sanctions.

C. Use of Electronic Devices

Cellular (mobile) telephones, IPODS, and any other electronic device that could interrupt the teaching-learning process or disrupt a milieu favorable for academic excellence will be deactivated. Critical situations will be dealt with in an appropriate manner. The use of electronic devices that permit the accessing, storing or sending of data during tests or examinations is prohibited.

D. Special Requirements of Practice and Internship Centers

Some academic programs of the University require students to complete a practice or internship in a real work scenario as part of the degree requirements. These external centers may be state and federal agencies, hospitals, and nongovernmental organizations, among others. It is students' responsibility to comply with the external center's requirements in order to complete their practice or internship. Depending on the practice center, these requirements may be doping tests, HIV tests, an immunization certificate against hepatitis, a health certificate, a negative criminal record, or any other requirement that the institution or practice center may stipulate. If students refuse or are not able to meet any of the requirements, they will be unable to complete their practice or internship and, therefore, will not pass the practice or internship course or meet the graduation requirements of their academic program.

E. Clinical practice in diverse scenarios

This course considers clinical practice in diverse scenarios such communities with special needs, elderly care centers, and health fairs, among others. There is a minimum of four weeks period, at the school laboratory to acquire skills before going to the clinical scenario. In the event of the occurrence of special situations which would be beyond of the School of Nursing an alternate plan would be considered.

F. Compliance with the provisions of Title IX

If an institution receives federal funding, the law on graduate higher education as amended prohibits discrimination on the basis of sex in any academic activity, education, extracurricular, athletic or any other program or employment sponsored or controlled by an institution of higher education independently of it being celebrated within or out of the territories of the institution, if the institution receives federal funding.

In accordance to the federal regulations, our academic unit has designated a coordinator Title IX auxiliary, which will offer assistance and orientation in regards to any a ledge incident related to discrimination based on sex or gender, sexual harassment or sexual assault. Contact the Auxiliary Coordinator George Rivera, Security Director, at phone number 787-250-1912, extension 2147, or email grivera@metro.inter.edu.

The regulatory document entitled rules and procedures that address alleged violations of the provisions of title IX is the document containing institutional rules to channel any complaint addressing on this type of allegation. This document is available on the gateway of the Inter-American University of Puerto Rico (www.inter.edu)

VIII. Resources

Textbook:

Rector, Cherie (2018) Community Health Nursing: Promoting the Public Health. (Ninth edition)
Philadelphia: Lippincott, Williams & Wilkins.

Audiovisual Resources:

Community Health nursing-The Home visit/ Family Assessment & The Nursing Bag Technique

Faculty approved May 2018