



**INTER-AMERICAN UNIVERSITY OF PUERTO RICO
METROPOLITAN CAMPUS
SCIENCES AND TECHNOLOGY FACULTY
CARMEN TORRES DE TIBURCIO SCHOOL OF NURSING**

SYLLABUS

I. GENERAL INFORMATION

Course Title	:	NURSING CARE OF FAMILY AND COMMUNITY
Number and Code	:	NURS 4180
Credits	:	4 Credits
Academic Term	:	
Professor	:	
Location	:	(787) 250-1912, X-2202
Office hours	:	
Email	:	

II. DESCRIPTION

Analysis of selected theories and concepts that facilitate the study of the family as an integral part of the client community. Includes the review of the principles and concepts of epidemiology, biostatistics and demography of public health. Discussion of the nursing process for family and community care with emphasis on the promotion of health and well-being. Ethical-legal, humanist and research concepts. Study of the nursing professional's roles in a culturally diverse community. Prerequisites: NURS 3140, 3190. Corequisite NURS 4914.

III. TERMINAL OBJECTIVES

By the end of the course the students will...

1. Analyze the theories, concepts and principles that facilitate the study of the family and community as client.
2. Utilize the principles and concepts of epidemiology, biostatistics, demography and public health to study vulnerable populations in order to implement safety and effective interventions to prevent disease and maintain health.
3. Discuss the nursing process to family and community as client, including the care of the older adult that incorporates safety guidelines, critical thinking skills, communication process, informatic and technology skills, health literacy, leadership/management and evidence base knowledge with emphasis on health promotion and wellness.
4. Use a decision-making process with and for family/community clients that incorporates ethical-legal, humanistic, and research concepts.
5. Apply community health nursing roles in a cultural diverse community.

IV. CONTENT

UNIT I: Concepts, Foundations, and Theories that facilitate the study of Family as Client

- A. Basic concepts:
 - 1. Family
 - 2. Family as client
 - 3. Family health
 - 4. Family nursing
- B. Home Visit process
 - 1. Phases and activities of home visit process
 - 2. Ethical principles: Respect, autonomy, justice, veracity, Confidentiality
 - 3. Sensitive Issues during interview process (Humanistic care)
- C. Theoretical bases for family health promotion
 - 1. Universal characteristics
 - 2. Family culture
 - 3. Family structure
 - 4. Family functions
 - 5. Family life cycle
 - 6. Family strengths
 - 7. Characteristics of Healthy or functional Families
 - 8. Family as a social system
 - 9. Family health practice guidelines
- D. Theories, Frameworks or conceptual models to study family as client
- E. Roles, standards and Settings for Community/Public Health Nursing Practice

UNIT II: Nursing process applied to family as client

- A. Family Health Assessment
 - 1. Methods, tools and sources for assessment
 - a. Guideline for family health assessment
 - b. Genogram including pets
 - c. Culturagram and ethnotherapy guide
 - d. Family Interaction Map
 - e. Ecomap
 - 2. Data collection categories for family assessment
 - a. 12 categories of data
 - b. Eleven Health pattern
- B. Analysis process: Inferences, Evidence base knowledge
- C. Nursing diagnoses:
 - 1. Wellness diagnoses
 - 2. Deficit diagnoses
- D. Planning with the family
 - 1. Priorities: Factors and criteria to establish priorities
 - 2. Health promotion and wellness through a health teaching plan
- E. Implementation with the family and interdisciplinary team work
- F. Evaluation with the family
 - 1. Purpose
 - 2. Types

UNIT III: Concepts, Foundations, and Theories, that facilitate the study of vulnerable groups in the community

A. Basic concepts

1. Community
2. Community as client
3. Population
4. Aggregate
5. Health promotion
6. Community health nursing
7. Public health nursing
8. Biostatistics
9. Demography
10. Public Health
11. Epidemiology

B. Foundations of Community health nursing

1. Types of communities
2. Functions of the community
3. Components of a community
4. Types of leaders in the community
5. Types of communications in the community
6. Characteristics of a healthy community
7. Principles of PHN
8. Cultural diversity (CC)

C. Theories and frameworks for the Community Health Nursing Practice

1. Epidemiologic Triad
2. Eleven Health Patterns-Marjorie Gordon
3. Nightingale's theory of environment
4. Pender's Health Promotion model

Unit IV. Nursing Process Applied to Community as Client

A. Community Health Assessment

1. Types of assessment
2. Methods and sources of data
3. Nursing process characteristics applied to community as client

B. Data Analysis Process: Evidence base Inferences

C. Community Nursing Diagnosis

1. Wellness diagnosis
2. Deficit diagnosis

D. Planning with the community

E. The process of Implementation

F. Evaluation

1. Purpose
2. Types of evaluations

Unit V. Contemporary problems of community/public health and Vulnerable populations

- A. Violence affecting the families
- B. Communicable diseases
- C. Substance abuse
- D. Vulnerable populations
- E. Environmental health
- F. Disaster and terrorism
- G. Homeless
- H. Migrants

- I. Prisoners/correctional population
- J. LGBTQA community (**LGBTQA stands** for Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, and Asexual/Aromantic.)N

V. TEACHING- LEARNING ACTIVITIES

- A. Conference or Lecture
- B. Cooperative, collaborative group work (Team STEPPS)
- C. Special assignments and written exercises
- D. Case studies(Critical Thinking)
- E. News analysis (Critical Thinking)
- F. Group discussion (TeamSTEPPS)
- G. Web sites(Informatics and Technology)
- H. Electronic communication
- I. Pre and Post short tests
- J. Self-assessment activities

VI. EVALUATION

CRITERIA	PUNCTUATON	% OF THE FINAL GRADE
Two Partial Exams (25% each)	200 (100 puntos cada uno)	50% (25% cada uno)
Comprehensive Final Exam: 80% new topics and 20% old topics on assigned date according to the official academic calendar	100 puntos	30%
Quizzes and/or assignments, learning exercises, case studies, oral presentations, study guides, portfolio, forum, others activities.	100 puntos	20%
TOTAL	400	100

IV. SPECIAL NOTES

A. Supporting Services or Special Needs

Students requiring additional services or special assistance must request these at the beginning of the course or as soon as they learn that they need them, through the appropriate register in the office of Mr. José Rodríguez, at the University Orientation Program located at the first floor of Harris Building. His email is: **jrodriguez@metro**. You may also call: 787-250-1912, EXT. 2306

B. Honesty, Fraud and Plagiarism

The lack of honesty, fraud, plagiarism and any other inadequate behavior in relation to academic work constitute major infractions sanctioned by General Student Regulations. Major infractions, according to General Regulation Students, may result in suspension from the University for a definite period of time greater than one year or the permanent expulsion from the University, among others sanctions.

C. Use of Electronic Devices

Cellular (mobile) telephones, IPODS, and any other electronic device that could interrupt the teaching-learning process or disrupt a milieu favorable for academic excellence will be deactivated. Critical situations will be dealt with in an appropriate manner. The use of electronic devices that permit the accessing, storing or sending of data during tests or examinations is prohibited.

D. Compliance with the provisions of Title IX

If an institution receives federal funding, the law on graduate higher education as amended prohibits discrimination on the basis of sex in any academic activity, education, extracurricular, athletic or any other program or employment sponsored or controlled by an institution of higher education independently of it being celebrated within or out of the territories of the institution, if the institution receives federal funding.

In accordance to the federal regulations, our academic unit has designated a coordinator Title IX auxiliary, which will offer assistance and orientation in regards to any a ledge incident related to discrimination based on sex or gender, sexual harassment or sexual assault. Contact the Auxiliary Coordinator George Rivera, Security Director, at phone number 787-250-1912, extension 2147, or email grivera@metro.inter.edu.

The regulatory document entitled rules and procedures that address alleged violations of the provisions of title IX is the document containing institutional rules to channel any complaint addressing on this type of allegation. This document is available on the gateway of the Interamerican University of Puerto Rico (www.inter.edu)

V. EDUCATIONAL RESOURCES

Textbook:

. Rector, Cherie (2018) Community Health Nursing: Promoting the Public Health. (Nine edition) Philadelphia: Lippincott, Williams & Wilkins. ISBN: 978-1-4963-4982-8

Faculty approved May 2018